

MASO 15th Council 2019-2021

President

- Emeritus Prof. Dr. Mohd. Ismail Noor, FASc, FIUNS, FNSM

Vice President

- Prof. Dr. Norimah A. Karim, FNSM

Hon. Secretary

- Assoc. Prof. Dr. Geeta Appannah

Hon. Treasurer

- Assoc. Prof. Dr. Hazizi Abu Saad, FNSM

Hon. Asst. Secretary

- Assoc. Prof. Dr. Mohd Razif Shahril

Council Members

- Assoc. Prof. Dr. Mahenderan Appukutty, FNSM
- Assoc. Prof. Dr. Chin Yit Siew
- Assoc. Prof. Dr. Gan Wan Ying
- Ms. Zaiton Daud
- Dr. Denise Koh Choon Lian

Affiliations



World Obesity Federation



Asia-Oceania Association for the Study of Obesity



Confederation of Scientific and Technological Associations of Malaysia

MASO Secretariat :

c/o Nutritional Sciences Programme,
Faculty of Health Sciences,
Universiti Kebangsaan Malaysia,
Jalan Raja Muda Abdul Aziz,
50300 Kuala Lumpur.

Contact :

President

Tel : +6019-2120129

Email : ismailnoor49@gmail.com

Hon. Secretary

Tel : +6010-4645721

Email : maso.obesity@gmail.com

MINUTES OF THE 27th ANNUAL GENERAL MEETING

Date and Time : 10th December 2020 (Thursday) at 1.30 p.m.

Place : Virtual (Zoom Meeting Platform)

Attendance

The AGM was attended by 54 voting members, 1 non-voting member and 5 observers (attendance list is as shown in **Appendix 1**). The President, Emeritus Prof. Dr. Mohd Ismail Noor, called the meeting to order at 2.00 pm after the quorum was achieved.

Agenda 1: Welcome Address by the President

On behalf of MASO 15th Council, Emeritus Prof. Dr. Mohd Ismail Noor thanked members for their presence virtually and support to enable us to achieve the quorum and welcomed them to the 27th AGM. Emeritus Prof. Dr. Mohd Ismail Noor informed that year 2020 has been challenging to MASO as several programs planned were unable to take off due to Covid-19 pandemic. On a positive note, the President highlighted two notable events namely, MASO will be organising after winning the bid during ICOMES-AOCO 2019 in Seoul, Korea and MASO also celebrated its Silver Jubilee of MASO (25th Anniversary) during MASO 2019 Scientific Conference held in October 2019. Most of 2020 was devoted to activities related to the planning of AOCO-MASO 2021. The President also highlighted that in this 27th AGM, the council will be proposing a resolution to amend the MASO Rules and Regulation and Bye-Laws of the society and hope the voting member could support this. He also encouraged members to be more active in supporting MASO upcoming activities.

Agenda 2: To receive and Adopt the Agenda of Annual General Meeting

The Agenda for the 27th.AGM was proposed to be approved by Dr. Wong Jyh Eiin and was seconded by Dr. Tan Sue Yee.

Agenda 3: Adoption of Minutes of 26th AGM held on 4 July 2019

Assoc. Prof. Dr Geeta Appannah went through the minutes of the 26th AGM held on the 4th July 2019 at Room Nilam & Delima, Hotel Istana, 73 Jalan Raja Chulan, Bukit Bntang, 50200 Kuala Lumpur.

3.1 Matters Arising from the Minutes

No matters arose from the minutes of the 26th AGM.

3.2 Confirmation of the Minutes

The minutes of the 26th AGM held on the 4th July 2019 was proposed to be adopted by Ms. Rokiah Don and seconded by Dr. Zawiah Mohammad Hashim.

Agenda 4: To receive and adopt the Council Report for 2019 – 2020

The Honorary Secretary, Assoc. Prof. Dr. Geeta Appannah presented the Council Report for 2019 – 2020. Various MASO activities conducted in 2019 and 2020 were presented to the members. A total of 15 council meetings were held over the past year.

4.1 MASO Membership

As of the end of October 2020, MASO had 198 registered members. The categories of membership status is as follows: Life 94, Ordinary 101, Associate 1, Corporate 2.

4.2 MASO Website

- i) Dr. Denise Koh Choon Lian and Assoc. Prof. Dr. Mohd Razif Shahril responsible for the MASO website, and they had worked with the webmaster, Mr. Lim Kooi Fong to update the MASO website. The website has been updated with information and photographs of MASO activities, including Suku Suku Separuh dan Cergas (3SC), MASO Scientific Conference on Obesity 2019, Nutrition Month Malaysia 2020 and upcoming Asia-Oceania Conference on Obesity (AOCO) in 2021. Besides that, the announcement of seminar and conferences related to obesity were also included in our website.
- ii) Members are encouraged to log in to MASO website for recent updates on MASO activities and events. The URL is www.maso.org.my. Members are also encouraged to provide information related to obesity to be disseminated to other members and the public at large.
- iii) MASO expressed our thanks to Mr Lim Kooi Fong (webmaster) for his continued services to the Association.

4.3 MASO Education Fund

- i) A total of 12 MASO education applications was approved for attending the 2019 International Congress on Obesity and Metabolic Syndrome & Asia-Oceania Conference on Obesity (ICOMES & AOCO 2019) in Seoul, Korea. The list of the 12 MASO education fund receivers is as follows:
 - Assoc. Prof. Dr. Mahenderan Appukutty (UiTM)
 - Assoc. Prof. Dr. Hamid Jan Jan Mohammad (USM)
 - Assoc. Prof. Dr. Chin Yit Siew (UPM)
 - Assoc. Prof. Dr. Gan Wan Ying (UPM)
 - Assoc. Prof. Dr. Hazizi Abu Saad (UPM)
 - Asst. Prof. Dr. Satvinder Kaur (UCSI)
 - Dr. Mohd Razif Shahril (UniSZA)
 - Dr. Wee Bee Suan (UniSZA)
 - Dr. Sharifah Wajihah Wafa (UniSZA)
 - Ms Lim Sim Yee (UKM)
 - Mr Wilfred Mok (UKM)
 - Mr Wan Nurussabah (UPM)
- ii) In preparation for AOCO-MASO 2021 Scientific Programme, all Council members as well as two past council members namely Prof. Dr. Poh Bee Koon and Assoc. Prof. Dr. Nik Shanita attended a virtual European and International Congress on Obesity (ECOICO 2020) from 1st till 4th September 2020. The Registration Fees of Euro 50/participant was paid by MASO.

4.4 MASO Activities

Despite being a rather challenging year, MASO has continued its collaborations with the Ministry of Health (MOH), the Nutrition Society of Malaysia (NSM), the Malaysian Dietitians' Association (MDA), and the corporate sector. The key activities among others were:

- Continued with the 3SC project till end of 2019.
- Conducted MASO Scientific Conference on Obesity with the theme of "Obesity: Addressing Multiple Drivers and Solutions" on 15th and 16th Oct 2019 in conjunction with 25th years of MASO (silver jubilee celebration).
- Won the bid to host Asia-Oceania Conference on Obesity (AOCO) 2021 in Kuala Lumpur with India pulling out at the last hour.
- Initiated the revision of Strategies to Prevent Obesity in Malaysia (SPOM) 2020.
- Continued to be involved in numerous Technical Committees of the MOH, Malaysia.

i) Suku Suku Separuh and Cergas (3SC) Program

The 3SC is a 6-month lifestyle intervention program being conducted in Selangor and Johor states. Five localities were chosen from each state and these included Tanjung Karang, Olak Lempit, Batu Arang, Beranang and Ulu Yam in Selangor and Ayer Baloi, Sri Gading, Parit Sulong, Bukit Pasir, Batu Anam in Johor. Data collection in Selangor was successfully completed in the first quarter of 2019, while in Johor, the intervention project ended in November 2019. A full report is currently being prepared by Prof. Dr. Norimah A. Karim. Overall, a greater weight, waist circumference and body fat were observed particularly in those who followed up the program consistently, over the period of 6 months.

ii) MASO Scientific Updates

- a) A MASO Update was presented in conjunction with the 26th AGM held on 4th July 2019 (Thursday) at Hotel Istana, Kuala Lumpur. The President, Emeritus Prof. Dr. Mohd Ismail Noor shared MASO's various progresses and activities in his presentation entitled '25 Years of MASO: Achievements & Challenges'.
- b) For the year 2020, MASO Scientific Update was presented in conjunction with the 27th AGM on 10th December (Thursday) virtually through Zoom Meeting platform. Asst. Prof. Dr. Jamilah Hanum Abdul Khaiyom entitled 'The Use of Cognitive Behavioural Therapy (CBT) for Weight Loss and Maintenance'.

iii) MASO Camp

- a) Following the first MASO Camp in UPM on 4 April 2019 among 98 overweight and obese staff, the 2nd MASO Camp was conducted in Kolej Tun Syed Nasir, UKM Kuala Lumpur on 7th December 2019 among 20 new students whose BMI were greater than 27 kg/m².
- b) The weight loss modules used in this MASO Camp were based on those applied in the Suku-Suku Separuh dan Cergas (3SC) project. These recruited participants were supposedly followed up 3 and 6 months post the first session, however, due to COVID-19 pandemic, all activities related to MASO Camp were put on hold.
- c) The event was coordinated by Prof. Dr. Norimah A. Karim together with other colleagues from the Nutritional Sciences Program UKM.

iv) MASO World Obesity Day Celebration

- a) World Obesity Day is now observed on 4th March as of March 2020 (previously been observed on the 11th October).
- b) However, all activities related to World Obesity Day 2020 were put on hold for this year due to COVID-19 pandemic. This includes those agreed public educational activities with Novo Nordisk.

iv) MASO Scientific Conference on Obesity (MASO 2019) in conjunction with MASO 25th Anniversary

- a) MASO Scientific Conference on Obesity 2019 was held successfully on 15-16 October 2019 (Tuesday – Wednesday) at Hotel Istana, with the theme of “Obesity: Addressing Multiple Drivers and Solutions”. MASO Scientific Conference 2019 was being held in conjunction with the 25th Anniversary (Silver Jubilee Year) of MASO.
- b) The conference was officiated by the Deputy Minister of Health, YB Dr. Lee Boon Chye. A total of 160 participants attended the two-day conference which includes two Plenary Lectures by Assoc Prof Dr Michael Vallis, Dalhousie University, Canada and Prof Dr Maithe Tauber, Toulouse University Hospital-Children’s Hospital, 47 oral and 32 poster presentations. The conference also attracted many ‘new’ researchers from several local universities.
- c) Seven and three winners, respectively, were announced for best poster and Young Investigator Symposium categories. Sponsorships totaled up to RM51,250.00 and these were supported by Novo Nordisk (Platinum), Yakult and InBody (both Gold), Nestle (Silver), MPOB and UNO Nutrition (exhibition table), Fonterra and Herbalife (advertisement).

vi) Revision of Strategies of Obesity Prevention in Malaysia (SPOM) 2005

- a) In view of the rising prevalence of obesity there is a dire need of updating SPOM (2005). Emeritus Prof. Dr. Mohd Ismail Noor is the Chairperson for this revision while Assoc. Prof. Dr. Geeta Appannah and Assoc. Prof. Dr. Mohd Razif Shahril are the Secretary and Assistant Secretary, respectively. All the other council members agreed to be lead writers and writers, accordingly, for a total of 6 chapters in this revision.
- b) This revision will be also comprised of psychology (behavioral modifications), health economics, genetic and social sciences aspects, on top of the usual dietary, physical activity and policy components.
- c) Twenty-five writers from various universities as well as MOH were identified and approached for their contributions on this revision.
- d) Two virtual meetings have been conducted and the progress of each chapter was rather encouraging, to date. With this pace, it is anticipated that this revision document to be completed by the middle of 2021.
- e) The MASO council agreed that the balance of the fund from the Suku Suku Separuh and Cergas (3SC) activity to be used to finance an update of SPOM.

4.5 MASO Affiliations and other activities

i) World Obesity Federation (WO)

- a) MASO has been affiliated to the World Obesity Federation (WO), previously known as International Association for the Study of Obesity (IASO) since 1998. Members are also encouraged to go into WO website at www.worldobesity.org for updated information on WO activities.
- b) Emeritus Prof. Dr. Mohd Ismail Noor is currently a member of the Membership Committee for WO.
- c) World Obesity's Strategic Centre for Obesity Professional Education (SCOPE) programme was conducted virtually for the second time from 22nd till 24th October in 2020. The programme introduced advance knowledge on the epidemiology and cost of obesity, both globally and locally in the Gulf region. Both Assoc. Prof. Dr Mohd Razif Shahril and Assoc. Prof. Dr. Mahenderan Appukutty represented MASO in this programme.

ii) Asia-Oceania Association for the Study of Obesity (AOASO)

- a) MASO is a pioneer member of Asia-Oceania Association for the Study of Obesity (AOASO) since its inception during the ICO 1998 in Paris. Countries linked to AOASO bid and take the turn to host conferences at Asia-Oceania region, biennially.
- b) The last ICOMES & AOCO conference was held in Conrad Hotel, Seoul, Korea from 29th till 31st August 2019. The ICOMES & AOCO was attended by 28 Malaysians (third largest country to send participants after Korea and China). Out of this, 19 Malaysians (under 45 years) have received a travel grant of USD 500/each and a waived registration fee for the conference.
- c) With the support of MyCEB, MASO was granted the bid to host AOCO in 2021. The bidding was presented by Assoc Prof Dr Geeta Appannah with Emeritus Prof Dr Ismail as the Advisor.
- d) However, in lieu of the current pandemic situation and that the national border is still closed, MASO has recently decided that AOCO 2021 will be conducted virtually. This decision was made after several internal discussions as well as with AOASO representatives, namely Prof. Dr. Brian Oldfield (the current President) and Dr. Kwang Wei Tham (Secretary). MyCEB will no longer fund the initially agreed sum of RM50,000.00 as international attendance is not feasible at the current time.
- e) For updates on AOASO activities, members are encouraged to click on their website www.aosas.org

iii) Confederation of Scientific and Technological Associations in Malaysia (COSTAM)

- a) MASO has been a member organisation of the Confederation of Scientific and Technological Associations in Malaysia (COSTAM) since 13th February 2000. At present, the COSTAM office is located at the Pusat Sains Negara, Mount Kiara, Kuala Lumpur.
- b) COSTAM also continues to organise the MSTC, public lectures and workshop in relation to science and technology matters. Members are encouraged to take part in COSTAM activities.
- c) For further details, please visit COSTAM website at www.costam.org.my

iv) Other activities that MASO Council and members are involved include:

- a) The National Coordinating Committee on Food and Nutrition (NCCFN), MOH
Emeritus Prof. Dr. Mohd Ismail Noor
- b) National Plan of Action on Nutrition Malaysia (2016-2025), MOH
Emeritus Prof. Dr. Mohd Ismail Noor and Prof. Dr. Norimah A. Karim
- c) Technical Working Group on Nutrition Promotion, MOH
Assoc. Prof. Dr. Gan Wan Ying and Dr. Denise Koh Choon Lian
- d) Technical Working Group on Nutritional Guidelines, MOH
Emeritus Prof. Dr. Mohd Ismail Noor (Chairman) and Prof. Dr. Norimah A. Karim
- e) Technical Working Group for Nutrition Research, MOH
Prof. Dr. Norimah A. Karim (Chairman) and Emeritus Prof. Dr. Mohd Ismail Noor
- f) Technical Committee for Malaysian Dietary Guidelines 2020, MOH
Emeritus Prof. Dr. Mohd Ismail Noor (Chairman), Prof. Dr. Norimah A. Karim, Assoc. Prof. Dr Geeta Appannah, Assoc. Prof. Dr. Hazizi Abu Saad, Assoc. Prof. Dr. Mohd Razif Shahril, Assoc. Prof. Dr Mahenderan Appukutty Assoc. Prof. Dr. Chin Yit Siew, Ms. Zaiton Daud, Assoc. Prof. Dr. Gan Wan Ying. Dr. Denise Koh Choon Lian
- g) Technical Committee for Malaysian Dietary Guidelines for Vegetarian, MOH
Assoc. Prof. Dr Mahenderan Appukutty (Chairman), Assoc. Prof. Dr Geeta Appannah, Assoc. Prof. Dr. Chin Yit Siew, Assoc. Prof. Dr. Gan Wan Ying
- h) Technical Committee for 11th Nutrition Research Priorities, MOH
Prof. Dr. Norimah A. Karim (Advisor), Emeritus Prof. Dr. Mohd Ismail Noor, Assoc. Prof. Dr Geeta Appannah, Assoc. Prof. Dr. Hazizi Abu Saad, Assoc. Prof. Dr. Mohd Razif Shahril, Assoc. Prof. Dr Mahenderan Appukutty Assoc. Prof. Dr. Chin Yit Siew, Ms. Zaiton Daud
- i) Nutrition Month Malaysia (NMM) 2020 in collaboration with NSM and MDA
Prof. Dr. Norimah A. Karim and Assoc. Prof. Dr. Chin Yit Siew
- j) KESATRIA MALAYSIA
Emeritus Prof. Dr. Mohd Ismail Noor
- k) Clinical Practice Guidelines on Obesity Management
Assoc. Prof. Dr. Geeta Appannah
- l) FIT AND FUN UKM 2020
Assoc. Prof. Dr. Geeta Appannah and Assoc. Prof. Dr Mohd Razif Shahril

4.6 Adoption of MASO Council Report 2019 – 2020

The Council Report for years 2019 – 2020 was proposed to be adopted by Prof. Dr. Poh Bee Koon and seconded by Assoc. Prof. Dr. Nik Shanita Safii.

Agenda 5: To receive and adopt the Audited Accounts for 2019 – 2020

Assoc. Prof. Dr. Hazizi Abu Saad, the Honorary Treasurer, presented and highlighted the financial account details for the period starting from 1st April 2019 and ending on 31st March 2020. He thanked the MASO Honorary Auditors namely, Assoc. Prof. Dr. Nik Shanita Safii and Asst. Prof. Dr. Satvinder Kaur for auditing the accounts.

5.1 Members seek clarification on some information listed in the accounts and gave some suggestions to reduce the expenses for conferences and special project (3SC) in the MASO main accounts. This is including by creating a sub-account under Maybank Current Account for conferences and special projects.

5.2 Adoption of MASO Audited Accounts for 2019 – 2020

MASO Audited Accounts for 2019 – 2020 was proposed to be adopted by Assoc. Prof. Dato Dr. Vellayan and seconded by Dr. Zawiah Mohammad Hashim.

Agenda 6: Other Matters

6.1 Amendments to Rules of Malaysian Association for the Study of Obesity and Bye-Laws

- i) The council first proposed amendments to the Rules of Malaysian Association for the Study of Obesity and Bye-Laws during the 13th Council Meeting on 25th September 2020 (more than 60 days prior to the AGM) and the Honorary Secretary, Assoc. Prof. Dr. Geeta Appannah, notified all members regarding this proposal through email on 24rd October 2020 (more than 28 days prior to the AGM) after a final consensus on the proposal was reached among council members (**Appendix 2**). In total there were 18 proposed amendments to the Rules of MASO and Bye-Laws.
- ii) To expedite the voting process, an online voting was carried out during AGM using poll feature in Zoom Meeting platform where all voting members (Life Member and Ordinary Member) attending the AGM were allowed to cast their vote anonymously once for each amendment with the option “Agree” or “Disagree”. After voting for each amendment, the results will be shown automatically on the screen. The voting process was moderated by the President, Emeritus Prof. Dr. Mohd Ismail Noor with the help of Honorary Secretary, Assoc. Prof. Dr. Geeta Appannah who administered the poll.
- iii) The voting process went smoothly with the assistance of technology and a decision was reached. **Appendix 3** shows the detailed results of each proposed amendment. In brief, all 18 proposed amendments were adopted by a two-thirds majority of the voting members present at the AGM.
- iv) All amendments to the rules shall be forwarded to the Registrar of Societies within 28 days of being passed by the AGM and shall take effect from the date of their approval by the Registrar of Societies.

6.2 Updates on AOCO-MASO 2021

- i) Emeritus Prof. Dr. Mohd Ismail Noor presented an update on AOCO-MASO 2021 which will be held from 6th to 8th April 2021 virtually with the theme “Tackling Obesity: Innovative Strategies for a Healthier Future”
- ii) AOCO-MASO 2021 is offering five main tracks from Basic Sciences to Public Health & Policy and some 15 Symposia topics to choose from.

- iii) To date, 16 speakers from Australia, New Zealand, France, Switzerland, USA, Canada and Singapore, have confirmed to speak at the conference. Many more potential speakers from Asia-Oceania region will confirm soon.
- iv) Registration (Early Bird) and abstract submission is now open for all local and international participants and will be closing by 31st January 2021. Registration fees for the three days conference has been revised to a more affordable range.
- v) Members are encouraged to promote AOCO-MASO 2021 to their circle of colleagues and contacts. For detailed information, prospective participants may visit www.aocomaso2021.com

Closing

- i) Assoc. Prof. Dato' Dr Vellayan proposed a vote of thanks to the Chair
- ii) The AGM was adjourned at 5.15 pm and was followed by a MASO Scientific Update by Asst. Prof. Dr. Jamilah Hanum Abdul Khaiyom entitled '*The Use of Cognitive Behavioural Therapy (CBT) for Weight Loss and Maintenance*'.

Prepared by:

geeta

Assoc Prof. Dr. Geeta Appannah
Hon. Secretary, MASO

Checked by:



Emeritus Prof. Dr. Mohd Ismail Noor
President, MASO

27th AGM Attendance list

Date and Time : 10th December 2020 (Thursday) at 1.30 p.m.
Place : Virtual (Zoom Meeting Platform)

No.	Name	Membership Number	Affiliation
1.	Ajlaa binti A Rasid	O744	MOH
2.	Ang Yeow Nyin	L640	UKM
3.	Anto Cordelia Tanislaus Antony Dhanapal	L627	UTAR
4.	Atif Amin Baig	Observer	UniSZA
5.	Chai Wen Jin	L608	National Sports Institute
6.	Chin Yit Siew	L547	UPM
7.	Chong Li Choo	O747	Taylor's University
8.	Denise Koh Choon Lian	L714	UKM
9.	Farina binti Zulkernain	L458	MOH
10.	Fatimah Zurina binti Mohamad	O772	MOH
11.	Foo Leng Huat	L586	USM
12.	Friedrich Christie bin Jassil	Observer	University College London
13.	Gan Wan Ying	L548	UPM
14.	Geeta Appannah	L678	UPM
15.	Hamid Jan bin Jan Mohamed	L394	USM
16.	Hazizi bin Abu Saad	L356	UPM
17.	Hazreen bin Haji Abdul Majid	L314	UM
18.	Ho Shu Fen	L466	MOH
19.	Jamilah Hanum binti Abdul Khaiyom	O773	IIUM
20.	Jasmine Chia Siew Min	O774	UKM
21.	Kee Chee Cheong	O546	MOH
22.	Khadidja Chekima	O743	Taylor's University
23.	Khairul Hasnan bin Amali	O739	MOH
24.	Law Leh Shii	O775	UNIMAS
25.	Lim See Meng	Observer	UKM
26.	Lim Sim Yee	O718	UKM
27.	Mahenderan Appukutty	L418	UiTM
28.	Mohamed Ismail bin Mohamed Noor	L055	UKM
29.	Mohd Razif bin Shahril	L552	UKM
30.	Nazli Suhardi bin Ibrahim	O778	MOH
31.	Ng Kim Seng	L335	MOE
32.	Ng See Hoe	O639	University of Wollongong
33.	Nik Shanita binti Safii	L097	UKM
34.	Nor Farah binti Mohamad Fauzi	O606	UKM
35.	Norimah binti A.Karim	L332	IMU
36.	Norsymlina bt. Che Abdul Rahim	L467	MOH
37.	Poh Bee Koon	L255	UKM
38.	Rokiah binti Don	L397	Retiree
39.	Ruzita binti Abd Talib	L009	UKM
40.	Safiah binti Md. Yusof	L367	IMU
41.	Saifullah Muzakir bin Yusop	Observer	Andrea Bariatric Surgery
42.	Salma Faeza binti Ahmad Fuzi	L528	UPM

No.	Name	Membership Number	Affiliation
43.	Sameeha binti Mohd Jamil	O637	UKM
44.	Satvinder Kaur	L557	UCSI University
45.	Serene Tung En Hui	L611	UCSI University
46.	Suresh Kumar Velayudhan pillai	O717	Taylor's University
47.	Suriati binti Sidek	L713	IIUM
48.	Tan Sue Yee	L529	-
49.	Thirukkanesh A/L Sanvashivam	L630	MOH
50.	Tzarina Abdullah binti Mustapa	C769	Herbalife Products Malaysia
51.	Vaidehi Ulaganathan	Observer	UCSI University
52.	Vellayan Subramaniam	L281	UiTM
53.	Wan Azdie bin Mohd Abu Bakar	L406	IIUM
54.	Wan Abdul Manan bin Wan Muda	L173	Alma Ata University
55.	Wilfred Mok	O682	Monash University
56.	Wong Fang Lian	O750	Taylor's University
57.	Wong Jyh Eiin	L520	UKM
58.	Woon Fui Chee	L649	UPM
59.	Yeo Giin Shang	O745	UKM
60.	Zawiah bt. Mohammad Hashim	L258	Retiree

Proposed Amendments to Rules of Malaysian Association for the Study of Obesity and Bye-Laws
(Font in Red is the new proposed amendments)

CURRENT	PROPOSED
<p>ARTICLE I</p> <p>Name and Place of Business</p> <ol style="list-style-type: none"> 1. The Association shall be known as Persatuan Kajian Obesiti Malaysia [Malaysian Association for the Study of Obesity] (PEKOM / MASO). 2. Its registered place of business shall be at Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Jalan Raja Muda Abdul Aziz, 50300 Kuala Lumpur, Malaysia, or at such place or places as may from time to time be decided on by the Council; and its postal address shall be as above or such other address as may from time to time be decided on by the Council. The registered place of business of the Association shall not be changed without the prior approval of the Registrar of Societies). 3. <i>Not included in the current Rules</i> 	<p>ARTICLE I</p> <p>Name and Place of Business</p> <ol style="list-style-type: none"> 1. The Association shall be known as Persatuan Kajian Obesiti Malaysia [Malaysian Association for the Study of Obesity] (PEKOM / MASO). 2. Its registered place of business shall be at Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Jalan Raja Muda Abdul Aziz, 50300 Kuala Lumpur, Malaysia, or at such place or places as may from time to time be decided on by the Council; and its postal address shall be as above or such other address as may from time to time be decided on by the Council. The registered place of business of the Association shall not be changed without the prior approval of the Registrar of Societies). 3. There shall be a Patron of the Association who will be appointed at a General Meeting of the Association
<p>ARTICLE II</p> <p>Objects</p> <p>The objects of the Association are:</p> <ol style="list-style-type: none"> a. To stimulate and facilitate obesity research on its impact, causes, prevention and management. b. To promote improved understanding on obesity among professionals and public. c. To collaborate with the government agencies, other professional organisations, private sectors and international bodies to improve local environment to support healthy lifestyle. d. To lead and drive national effort to reduce, prevent and manage obesity through involvement in policy development. 	<p>ARTICLE II</p> <p>Objects</p> <p>The objects of the Association are:</p> <ol style="list-style-type: none"> a. To educate and promote better public and professional understanding of obesity and its impact on health. b. To stimulate collaborative research and disseminate findings on causes, consequences, prevention and management of obesity. c. To collaborate with the government ministries/agencies, other professional organisations, private sectors and international bodies to improve the local environment to support a healthy lifestyle. d. To lead and drive national effort to reduce, prevent and manage obesity through involvement in policy development.

CURRENT	PROPOSED
<p>ARTICLE III</p> <p>1. Membership</p> <p>a. <u>Ordinary members:</u></p> <p>Membership is opened to medical and health professionals, educators, scientists and researchers who are residing in Malaysia. Persons who possess a relevant degree and are interested in obesity and the objectives of the Association can be considered for membership.</p> <p>b. <u>Life members:</u></p> <p>Membership is opened to all active members upon completion of a minimum of three years as an ordinary member of the Association. Life membership is opened to Malaysians and Permanent Residents of Malaysia only.</p> <p>c. <u>Corporate members:</u></p> <p>A corporate member is an organisation, firm or company, which has made application to the Association, indicating its interest in supporting the objectives of the Association. Corporate members are entitled to nominate one representative to the Association. The representative from the organisation, firm or company can attend meetings and vote, but not hold office.</p> <p>d. <u>Honorary members:</u></p> <p>Distinguished persons who have rendered notable service to the Association or to the understanding of obesity may on the recommendation of the Council be elected as Honorary members by a majority vote at a General Meeting.</p> <p>e. <i>Not included in current Rules</i></p> <p>f. <u>Associate members:</u></p> <p>Membership is opened to members of the public who are at least 18 years of age, residing in Malaysia, and interested in obesity and the objectives of the Association.</p>	<p>ARTICLE III</p> <p>1. Membership</p> <p>a. <u>Ordinary members:</u></p> <p>Membership is opened to medical and health professionals, educators, scientists and researchers who are residing in Malaysia. Persons who possess a relevant degree and are interested in obesity and the objectives of the Association can be considered for membership.</p> <p>b. <u>Life members:</u></p> <p>Membership is opened to all active members upon completion of a minimum of three years as an ordinary member of the Association. Life membership is opened to Malaysians and Permanent Residents of Malaysia only.</p> <p>c. <u>Corporate members:</u></p> <p>A corporate member is an organisation, firm or company, which has made application to the Association, indicating its interest in supporting the objectives of the Association. Corporate members are entitled to nominate one representative to the Association. The representative from the organisation, firm or company can attend meetings and vote, but not hold office.</p> <p>d. <u>Honorary members:</u></p> <p>Distinguished persons who have rendered notable service to the Association or to the understanding of obesity may on the recommendation of the Council be elected as Honorary members by a majority vote at a General Meeting.</p> <p>e. <u>Fellow members:</u></p> <p>Fellow members shall be elected at a General Meeting, on the recommendation of the Council for outstanding professional and meritorious contribution in the field of obesity. Fellows of the Association will be entitled to use the abbreviation, FMASO, after their names.</p> <p>f. <u>Associate members:</u></p> <p>Membership is opened to members of the public who are at least 18 years of age, residing in Malaysia, and interested in obesity and the objectives of the Association.</p>

CURRENT	PROPOSED
<p>ARTICLE IV</p> <p>Subscription fees and other dues</p> <p>1. a. <u>Ordinary members:</u> RM50.00 per calendar year.</p> <p>b. <u>Life members:</u> RM500.00 in one payment.</p> <p>c. <u>Corporate members:</u> RM500.00 per calendar year.</p> <p>d. <u>Honorary members:</u> Honorary members shall be exempted from payment of membership fees.</p> <p>e. <i>Not included in current Rules</i></p> <p>f. <u>Associate members:</u> RM30.00 per calendar year.</p> <p>g. <u>Re-joining fee:</u> Any member who has lapsed in payment of membership subscription shall have to pay a re-joining fee when they wish to re-join the Association. The re-joining fee shall be twice the amount of the annual fee, and arrears shall be waived.</p>	<p>ARTICLE IV</p> <p>Subscription fees and other dues</p> <p>1. a. <u>Ordinary members:</u> RM50.00 per calendar year.</p> <p>b. <u>Life members:</u> RM500.00 in one payment.</p> <p>c. <u>Corporate members:</u> RM500.00 per calendar year.</p> <p>d. <u>Honorary members:</u> Honorary members shall be exempted from payment of membership fees.</p> <p>e. <u>Fellow members:</u> Fellow members shall be exempted from payment of membership fees.</p> <p>f. <u>Associate members:</u> RM30.00 per calendar year.</p> <p>g. <u>Re-joining fee:</u> Any member who has lapsed in payment of membership subscription shall have to pay a re-joining fee when they wish to re-join the Association. The re-joining fee shall be twice the amount of the annual fee, and arrears shall be waived.</p>

CURRENT	PROPOSED
<p>ARTICLE VII</p> <p>Council</p> <p>1. A Council shall consist of the following:</p> <p>A President; Not included in current Rules A Vice-President; An Honorary Secretary; An Honorary Assistant Secretary; An Honorary Treasurer; Five Ordinary Council Members.</p> <p>The office bearers of the Association and every officer performing executive functions in the Association shall be Malaysian citizens.</p> <p>2. Names for the above offices shall be proposed and seconded and biennial election will be by a simple majority vote of the delegates at every second Annual General Meeting. Provided that the Honorary Treasurer shall hold office for a period of not more than two terms, all office bearers shall be eligible for re-election each year.</p> <p>a) Not included in current Rules</p> <p>b) Not included in current Rules</p> <p>c) Not included in current Rules</p>	<p>ARTICLE VII</p> <p>Council</p> <p>1. The Council shall consist of the following:</p> <p>A President; An Immediate-Past President; A Vice-President; An Honorary Secretary; An Honorary Assistant Secretary; An Honorary Treasurer; Five Ordinary Council Members.</p> <p>The office bearers of the Association and every officer performing executive functions in the Association shall be Malaysian citizens.</p> <p>2. Names for the above office bearers shall be proposed and seconded and biennial election will be by a simple majority vote of the delegates at every second Annual General Meeting.</p> <p>a) All key office bearers namely President, Vice-President, Honorary Secretary, Assistant Honorary Secretary, Honorary Treasurer, may hold the post for a maximum two terms (4 years).</p> <p>b) With the exception of the President, all other key office bearers and Council members may be re-elected to another post in the Council.</p> <p>c) An immediate-Past President after a lapse of one term (2 years) may be re-elected into the Council.</p>

CURRENT	PROPOSED
<p>ARTICLE VIII</p> <p>Duties of Office bearers</p> <ol style="list-style-type: none"> The President shall during his term of office preside at all Annual General Meetings and all meetings of the Council and shall be responsible for the proper conduct of all such meetings. He shall sign the minutes of each meeting at the time they are approved. He shall, in conjunction with the Honorary Treasurer and in place of the Honorary Secretary sign all cheques on behalf of the Association. <i>Not included in current Rules</i> The Vice-President shall deputise for the President during the latter's absence. The Honorary Secretary shall conduct the business of the Association in accordance with its Rules, and shall carry out the instructions of the Annual General Meeting and of the Council. He shall be responsible for conducting all correspondence and keeping all books, documents and papers except the accounts and financial records. He shall attend all meetings, and record the proceedings. In conjunction with the Honorary Treasurer and in place of the President, he shall sign all cheques on behalf of the Association. He shall maintain a proper membership register of the members consisting of details such as name, identity card number, date and place of birth, occupation, name and address of employer and residential address. <i>Not included in current Rules</i> The Honorary Treasurer shall be responsible for the finances of the Association. He shall keep accounts of all financial transactions of the Association and shall be responsible for their correctness. He shall, in conjunction with either the President or the Honorary Secretary sign all cheques on behalf of the Association. He is authorised to expend up to RM1,000.00 per month for petty expenses. The Ordinary Council members shall assist the other officers in carrying out their duties as decided by the Council. 	<p>ARTICLE VIII</p> <p>Duties of Office bearers</p> <ol style="list-style-type: none"> The President shall during his term of office preside at all Annual General Meetings and all meetings of the Council and shall be responsible for the proper conduct of all such meetings. He shall sign the minutes of each meeting at the time they are approved. He shall, in conjunction with the Honorary Treasurer and in place of the Honorary Secretary sign all cheques on behalf of the Association. The Immediate Past-President shall serve as a member of the Council to provide continuity to the Council. He shall participate in Council meetings as an Ordinary Council member with full voting rights. The Vice-President shall assume all duties, powers and responsibilities of the President in the absence of the latter. The Honorary Secretary shall conduct the business of the Association in accordance with its Rules, and shall carry out the instructions of the Annual General Meeting and of the Council. He shall be responsible for conducting all correspondence and keeping all books, documents and papers except the accounts and financial records. He shall attend all meetings, and record the proceedings. In conjunction with the Honorary Treasurer and in place of the President, he shall sign all cheques on behalf of the Association. He shall maintain a proper membership register of the members consisting of details such as name, identity card number, date and place of birth, occupation, name and address of employer and residential address. The Honorary Assistant Secretary shall assist the Honorary Secretary in all the latter's duties. In the absence of the Honorary Secretary, the Honorary Assistant Secretary shall deputise for him and assume his responsibility. The Honorary Treasurer shall be responsible for the finances of the Association. He shall keep accounts of all financial transactions of the Association and shall be responsible for their correctness. He shall, in conjunction with either the President or the Honorary Secretary sign all cheques on behalf of the Association. He is authorised to expend up to RM1,000.00 per month for petty expenses. The Ordinary Council members shall assist the key office bearers in carrying out their duties as decided by the Council.

CURRENT	PROPOSED
<p>ARTICLE XIII</p> <p>Amendment of Rules</p> <p>These rules may not be altered or amended except by resolution of a General Meeting. Such alterations or amendment shall take effect from the date of their approval by the Registrar of Societies. Notice of the proposed alterations must be made in writing at least sixty days before the meeting to the Secretary who shall notify all members of the proposal at least twenty-eight days before the meeting. Any amendments of the rules shall be forwarded to the Registrar of Societies within 28 days of being passed by the General Meeting</p> <p><i>Not included in current Rules</i></p>	<p>ARTICLE XIII</p> <p>Amendment of Rules</p> <p>These rules may not be altered or amended except by resolution of a General Meeting. Such alterations or amendment shall take effect from the date of their approval by the Registrar of Societies. Notice of the proposed alterations must be made in writing at least sixty days before the meeting to the Secretary who shall notify all members of the proposal at least twenty-eight days before the meeting. Any amendments to the rules shall be forwarded to the Registrar of Societies within 28 days of being passed by the General Meeting.</p> <p>The amendments can only be endorsed if passed by a two-thirds majority of the voting members present at a General Meeting.</p>
<p>BYE-LAWS OF THE MALAYSIAN ASSOCIATION FOR THE STUDY OF OBESITY EDUCATION FUND</p> <p>4. Research Grant</p> <p>4.1 The grant/seed money may be awarded for a research proposal accepted by any of the local universities for undergraduate or postgraduate research adjudged by the Council to be of significant contribution in the field of obesity.</p> <p>4.2 The Council may co-opt suitable referees to review the proposal.</p> <p>4.3 The research grant shall consist of a cash award not exceeding Three Hundred Ringgit for undergraduate and not exceeding Five Hundred Ringgit (RM500) for postgraduate student.</p> <p>4.4 The Association shall award not more than two grants per year for each category.</p> <p><i>All removed and replaced with new bye-law</i></p>	<p>BYE-LAWS OF THE MALAYSIAN ASSOCIATION FOR THE STUDY OF OBESITY EDUCATION FUND</p> <p>4. Community Project Grant</p> <p>4.1 The grant may be awarded to support Student's Association in local Universities for Community projects adjudged by the Council to be in line with the objective of the Association.</p> <p>4.2 An application must be made through the Coordinator (lecturer in charge) of the Community Project together with a detailed proposal of the programme.</p> <p>4.3 The grant shall be in cash not exceeding One Thousand Ringgit (RM1000).</p> <p>4.4 The Association shall award not more than two grants per calendar year.</p> <p>4.5 Acknowledgement to MASO could be either as Co-Organiser or Sponsor of the proposed Community project.</p>

Resolution for Proposed Amendments to Rules of Malaysian Association for the Study of Obesity and Bye-Laws

#	PROPOSED AMENDMENTS	AGREE (%)	DISAGREE (%)	RESOLUTION
1	ARTICLE I: Name and Place of Business Item 3: There shall be a Patron of the Association who will be appointed at a General Meeting of the Association	70	30	ADOPT
2	ARTICLE II: Objects Item a: To educate and promote better public and professional understanding of obesity and its impact on health.	100	0	ADOPT
3	ARTICLE II: Objects Item b: To stimulate collaborative research and disseminate findings on causes, consequences, prevention and management of obesity.	100	0	ADOPT
4	ARTICLE III: Membership Item e: Fellow Members	84	16	ADOPT
5	ARTICLE III: Subscription fees and other dues Item e: Fellow Members shall be exempted from payment of membership fees	76	24	ADOPT
6	ARTICLE VII: Council Item 1: Immediate Past President	80	20	ADOPT
7	ARTICLE VII: Council Item 2 (a): All key office bearers namely President, Vice-President, Honorary Secretary, Assistant Honorary Secretary, Honorary Treasurer, may hold the post for a maximum two terms (4 years).	88	12	ADOPT
8	ARTICLE VII: Council Item 2 (b): With the exception of the President, all other key office bearers and Council members may be re-elected to another post in the Council.	76	24	ADOPT
9	ARTICLE VII: Council Item 2 (c) An immediate-Past President after a lapse of one term (2 years) may be re-elected into the Council.	78	22	ADOPT

#	PROPOSED AMENDMENTS	AGREE (%)	DISAGREE (%)	RESOLUTION
10	ARTICLE VIII: Duties of Office bearers Item 2: The Immediate Past-President shall serve as a member of the Council to provide continuity to the Council. He shall participate in Council meetings as an Ordinary Council member with full voting rights.	100	0	ADOPT
11	ARTICLE VIII: Duties of Office bearers Item 3: The Vice-President shall assume all duties, powers and responsibilities of the President in the absence of the latter.	100	0	ADOPT
12	ARTICLE VIII: Duties of Office bearers Item 5: The Honorary Assistant Secretary shall assist the Honorary Secretary in all the latter's duties. In the absence of the Honorary Secretary, the Honorary Assistant Secretary shall deputise for him and assume his responsibility.	100	0	ADOPT
13	ARTICLE XIII: Amendment of Rules The amendments can only be endorsed if passed by a two-thirds majority of the voting members present at a General Meeting.	97	3	ADOPT
14	BYE-LAWS OF THE MALAYSIAN ASSOCIATION FOR THE STUDY OF OBESITY EDUCATION FUND: Change from Research Grant to Community Project Grant	97	3	ADOPT
15	BYE-LAWS OF THE MALAYSIAN ASSOCIATION FOR THE STUDY OF OBESITY EDUCATION FUND: (Community Project Grant) Item 4.1: The grant may be awarded to support Student's Association in local Universities for Community projects adjudged by the Council to be in line with the objective of the Association.	100	0	ADOPT
16	BYE-LAWS OF THE MALAYSIAN ASSOCIATION FOR THE STUDY OF OBESITY EDUCATION FUND: (Community Project Grant) Item 4.2: An application must be made through the Coordinator (lecturer in charge) of the Community Project together with a detailed proposal of the programme.	97	3	ADOPT
17	BYE-LAWS OF THE MALAYSIAN ASSOCIATION FOR THE STUDY OF OBESITY EDUCATION FUND (Community Project Grant)	91	9	ADOPT

#	PROPOSED AMENDMENTS	AGREE (%)	DISAGREE (%)	RESOLUTION
	Item 4.3 AND 4.4.: The grant shall be in cash not exceeding One Thousand Ringgit (RM1000) not more than two grants per calendar year.			
18	BYE-LAWS OF THE MALAYSIAN ASSOCIATION FOR THE STUDY OF OBESITY EDUCATION FUND:(Community Project Grant) Item 4.5: Acknowledgement to MASO could be either as Co-Organiser or Sponsor of the proposed Community project.	100	0	ADOPT